

GREATER CAPITAL DISTRICT AL-ANON MEETING SCHEDULE

INCLUDING NEW YORK NORTH DISTRICTS 7, 8, 22, 24

(Albany, Columbia, Green, Hamilton, Herkimer, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties)

ABBREVIATIONS

A	Al-Anon for Adult Children of Alcoholics, a meeting for adults who grew up in homes where alcohol caused difficulties.	NH	Meeting not held on holidays – building is closed.
B	Beginners group for people new to Al-Anon.	O	Meeting is open to anyone.
C	Closed to the press, students on course assignments, or other observers. Anyone who has a friend or relative with a drinking problem is welcome.	P	Parents meeting.
G/L	Gay and Lesbian meeting.	S	Step meeting, a meeting where the topic focuses on one or more of the twelve steps.
M	Men's meeting.	T	Alateen meeting for teenagers who are friends or relatives of alcoholics.
N	Non-smoking meeting.	H	Handicapped accessible

SUNDAY

6:00 PM	ALBANY	Unity Church, Corner of Bradford & King (entrance on Bradford) - A, O, S
7:00 PM	NASSAU	St. Mary's Church Hall, 1st Floor, Rte. 20 – C, N, H
7:00 PM	HUDSON	Hudson Winners AFG, Christ Church - A, O, S
7:30 PM	ALBANY	Pine Grove Methodist Church, 1580 Central Ave. – O, P, S first Sunday of each month, H (contact Ed S. at 518-573-9404)
8:00 PM	WINDHAM	St. Theresa's Church, Rte 23 - O

MONDAY

NOON	SCHENECTADY	Club House, 430 Cedar St. - O, H
6:00 PM	ALBANY	Christ Our Light Catholic Church, 1 Maria Dr., Class room 3, Literature meeting - O, H
7:00 PM	CATSKILL	Wesleyan Church, 3 Bogardus Ave (downstairs) – O
7:00 PM	STEPHENTOWN	Just for Today AFG, Stephentown Memorial Library, Rt 43 (across from Stephentown Elementary School) – O, N, H
7:30 PM	LOUDONVILLE	Siena College, Rte. 9 - Kiernan Hall (Room Varies, currently Room 109) – M, N, A, H (1 ½ hour meeting)
7:30 PM	GALWAY	Galway Methodist Church, Rte. 147, 4 Corners - C, N
7:30 PM	GALWAY	Galway Methodist Church, Rte. 147, 4 Corners - C, T
7:30 PM	WARRENSBURG	Hearts of Hope, St. Cecilia's Jaracz Hall, 3802 Main St., across from Cumberland Farms – O, N
8:00 PM	NISKAYUNA	Eastern Parkway United Methodist Church, upstairs, (rear Parking Lot), Eastern Parkway and Palmer - O

TUESDAY

NOON	COBLESKILL	Schoharie County Community Action Program, Wohls Plaza, Rte. 7
NOON	CATSKILL	First Baptist Church, West Main St. & Grandview Circle
NOON	AMSTERDAM	St. Ann's Church, 37 Division St. - C, N
12:05 PM	ALBANY	St. Mary's Roman Catholic Church, 10 Lodge St., Church Hall Basement, enter from rear door on Chapel St. (any unlocked door) – C, S
7:00 PM	GREENVILLE	Christ Episcopal Church, Rte 32, (Meeting House)
7:00 PM	QUEENSBURY	United Methodist Church, 460 Aviation Rd. - N, O, NH (not held on Holidays or school snow days), H
7:30 PM	ALBANY	VA Hospital, 113 Holland Ave, Wilson Lounge – 4th Floor, please park in Parking Lot A - B, O, H
7:30 PM	SARATOGA SPRINGS	Four Winds Psychiatric Center, Crescent Ave. - C, N, H
7:30 PM	TROY	Third Presbyterian Church - Albia neighborhood, 113 Winter St. - N, O

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WEDNESDAY

6:00 PM	ALBANY	First Congregational Church, 405 Quail St., Third Floor - A, N, O
7:00 PM	VALATIE	Just For Today AFG. - St. Luke's Lutheran Church - 1010 Kinderhook St., Rte. 9 - O, N, H
7:30 PM	AMSTERDAM	St. Mary's Hospital, 3rd Floor, 427 Guy Park Ave. - C, N, H
7:30 PM	GREENWICH	St. Joseph's Church, 31 Hill Street, Church Chapel - O, N
8:00 PM	VOORHEESVILLE	First United Methodist Church, 68 Maple Ave., Rte. 85A - O, S fourth Wednesday of the month

THURSDAY

9:00 AM	AMSTERDAM	St. Ann's Church, 37 Division St. - C, N
10:15 AM	CLIFTON PARK	St. George's Episcopal Church, 912 Rte. 146 - N, O, H
NOON	ALBANY	Small Steps AFG, McKnownville United Methodist Church, 1565 Western Ave, Albany (on the Crossgates side next to Dunkin Donuts and across from McDonalds) - C, N, S
7:00 PM	ROTTERDAM	Serenity Seekers, Trinity Reformed Church (downstairs), 705 Curry Rd., Rotterdam
7:00 PM	GREENVILLE	Greenville Episcopal Church, Meeting House, Rte 32
7:00 PM	NEW BALTIMORE	New Baltimore Reformed Church, 52 Church St. Rt. 144, O, H
7:00 PM	MAPLECREST	Maplecrest Meeting, Living Faith Fellowship Center, Main St., O, H
7:30 PM	WYNANTSKILL	Hopeful AFG - St. Jude's Elementary School, 42 Dana Avenue - O, N, H
7:30 PM	LATHAM	St. Ambrose School, (room varies), 347 Old Loudon Rd. - C, N, S last Thursday of the month, H
7:30 PM	LATHAM	Cap City Alateen, St. Ambrose School, (room varies), 347 Old Loudon Rd. - C, N, T, H (ages 10-20)
7:30 PM	SCHOHARIE	Heritage House Green Building, Main St. - O
8:00 PM	HUDSON FALLS	First Presbyterian Church, Parish House, River St. - C, N, H

FRIDAY

10:15 AM	GLENS FALLS	First Baptist Church 100 Maple St - C, N, H
12:15 PM	SARATOGA SPRINGS	The 12:15 - 1:15 Lunch Bunch AFG, St. Clement's Church, Lake Ave. - O, N
6:30 PM	SCOTIA	Our Redeemer Lutheran Church, Corner of Glen Ave. & South Reynolds St. - O, N, H
7:30 PM	COLONIE	Friday Night Alive AFG, Community Reformed Church of Colonie, Corner of Watervliet Shaker and Sand Creek Rds. - O, N
8:00 PM	JONESVILLE	United Methodist Church, 963 Main St, Clifton Park - O, N
8:00 PM	EAST GREENBUSH	Greenbush Reformed Church, Christian Education Bldg., Hayes Rd. & Rtes. 9 and 20 (upstairs) - O, N
8:00 PM	SCHENECTADY	Ellis Hospital, B-2 Conference Room, 2nd floor next to the B-wing elevators - B, O, H
8:00 PM	WEST SAND LAKE	Salem United Methodist Church, Shaver Rd., off Rte. 150 - N, O
8:30 PM	JOHNSTOWN	Reformed Church, North Perry St. - C, N

SATURDAY

10:00 AM	ALBANY	You Are Not Alone AFG, Bethany Reformed Church, Education Building, 760 New Scotland Ave. - A, O, S first Saturday of the month.
11:30 AM	ALBANY	Trinity United Methodist Church, Lark & Lancaster Sts., Lark St. entrance - A, B, N, O

For information on Alateen meetings in Saratoga Springs, Greenwich and Glens Falls, please contact Lynda S. 518-761-6067.