

GREATER CAPITAL DISTRICT AL-ANON MEETING SCHEDULE

INCLUDING NEW YORK NORTH DISTRICTS 7, 8, 22, 24

(Albany, Columbia, Green, Hamilton, Herkimer, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties)

ABBREVIATIONS

<p>A Al-Anon for Adult Children of Alcoholics, a meeting for adults who grew up in homes where alcohol caused difficulties.</p> <p>B Beginners group for people new to Al-Anon.</p> <p>C Closed to the press, students on course assignments, or other observers. Anyone who has a friend or relative with a drinking problem is welcome.</p> <p>G/L Gay and Lesbian meeting.</p> <p>M Men's meeting.</p> <p>N Non-smoking meeting.</p>	<p>NH Meeting not held on holidays – building is closed.</p> <p>O Meeting is open to anyone.</p> <p>P Parents meeting.</p> <p>S Step meeting, a meeting where the topic focuses on one or more of the twelve steps.</p> <p>T Alateen meeting for teenagers who are friends or relatives of alcoholics.</p> <p>H Handicapped accessible</p>
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SUNDAY

<p>6:00 PM ALBANY</p> <p>7:00 PM NASSAU</p> <p>7:00 PM HUDSON</p> <p>7:30 PM ALBANY</p> <p>8:00 PM WINDHAM</p>	<p>Unity Church, Corner of Bradford & King (entrance on Bradford) - A, O, S</p> <p>St. Mary's Church Hall, 1st Floor, Rte. 20 – C, N, H</p> <p>Hudson Winners AFG, Christ Church - A, O, S</p> <p>Pine Grove Methodist Church, 1580 Central Ave. – O, P, S first Sunday of each month</p> <p>St. Theresa's Church, Rte 23 - O</p>
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MONDAY

<p>NOON SCHENECTADY</p> <p>6:00 PM ALBANY</p> <p>7:00 PM CATSKILL</p> <p>7:00 PM STEPHENTOWN</p> <p>7:30 PM LOUDONVILLE</p> <p>7:30 PM GALWAY</p> <p>7:30 PM GALWAY</p> <p>8:00 PM NISKAYUNA</p>	<p>Club House, 430 Cedar St. - O, H</p> <p>Christ Our Light Catholic Church, 1 Maria Dr., Class room 3, Literature meeting - O, H</p> <p>Wesleyan Church, 3 Bogardus Ave (downstairs) – O</p> <p>Just for Today AFG, Stephentown Memorial Library, Rt 43 (across from Stephentown Elementary School) – O, N, H</p> <p>Siena College, Rte. 9 - Kiernan Hall (Room Varies, currently Room 109) – M, N, A, H (1 ½ hour meeting)</p> <p>Galway Methodist Church, Rte. 147, 4 Corners - C, N</p> <p>Galway Methodist Church, Rte. 147, 4 Corners - C, T</p> <p>Eastern Parkway United Methodist Church, upstairs, (rear Parking Lot), Eastern Parkway and Palmer - O</p>
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TUESDAY

<p>NOON COBLESKILL</p> <p>NOON CATSKILL</p> <p>NOON AMSTERDAM</p> <p>12:05 PM ALBANY</p> <p>7:00 PM GREENVILLE</p> <p>7:00 PM QUEENSBURY</p> <p>7:30 PM ALBANY</p> <p>7:30 PM SARATOGA SPRINGS</p> <p>7:30 PM TROY</p> <p>8:00 PM SCHENECTADY</p>	<p>Schoharie County Community Action Program, Wohls Plaza, Rte. 7</p> <p>First Baptist Church, West Main St. & Grandview Circle</p> <p>St. Ann's Church, 37 Division St. - C, N</p> <p>St. Mary's Roman Catholic Church, 10 Lodge St., Church Hall Basement, enter from rear door on Chapel St. (any unlocked door) – C, S</p> <p>Christ Episcopal Church, Rte 32, (Meeting House)</p> <p>United Methodist Church, 460 Aviation Rd. - N, O, NH (not held on Holidays or school snow days), H</p> <p>VA Hospital, 113 Holland Ave, Wilson Lounge – 4th Floor, please park in Parking Lot A - B, O, H</p> <p>Four Winds Psychiatric Center, Crescent Ave. - C, N, H</p> <p>Third Presbyterian Church - Albia neighborhood, 113 Winter St. - N, O</p> <p>Club House, 430 Cedar St. - O, H</p>
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Last Update August 2010

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WEDNESDAY

6:00 PM **ALBANY** First Congregational Church, 405 Quail St., Third Floor - A, N, O
6:00 PM **ALBANY** First Congregational Church, 405 Quail St., Third Floor – T, N, C
7:00 PM **VALATIE** Just For Today AFG - St. Luke's Lutheran Church - 1010 Kinderhook St., Rte. 9 - O, N, H
7:30 PM **AMSTERDAM** St. Mary's Hospital, 3rd Floor, 427 Guy Park Ave. - C, N, H
7:30 PM **GREENWICH** St. Joseph's Church, 31 Hill Street, Church Chapel – O, N
8:00 PM **VOORHEESVILLE** First United Methodist Church, 68 Maple Ave., Rte. 85A - O, S fourth Wednesday of the month

THURSDAY

9:00 AM **AMSTERDAM** St. Ann's Church, 37 Division St. - C, N
10:15 AM **CLIFTON PARK** St. George's Episcopal Church, 912 Rte. 146 - N, O, H
NOON **ALBANY** Small Steps AFG, Christ Lutheran Church, Rear entrance, 1500 Western Ave., Rte. 20 - C, N, S, ****LOCATION CHANGE EFFECTIVE 9/2/10: McKnownville United Methodist Church, 1565 Western Ave, Albany (on the Crossgates side next to Dunkin Donuts and across from McDonalds). ****
7:00 PM **GREENVILLE** Greenville Episcopal Church, Meeting House, Rte 32
7:30 PM **WYNANTSKILL** Hopeful AFG - St. Jude's Elementary School, 42 Dana Avenue - O, N, H
7:30 PM **LATHAM** St. Ambrose School, (room varies), 347 Old Loudon Rd. - C, N, S last Thursday of the month, H
7:30 PM **LATHAM** Cap City Alateen, St. Ambrose School, (room varies), 347 Old Loudon Rd. – C, N, T, H (ages 10-20)
7:30 PM **SCHOHARIE** Heritage House Green Building, Main St. - O
8:00 PM **HUDSON FALLS** First Presbyterian Church, Parish House, River St. - C, N, H
8:00 PM **NEW BALTIMORE** New Baltimore Reformed Church, 52 Church St. Rt. 144, O, H

FRIDAY

10:15 AM **GLENS FALLS** First Baptist Church 100 Maple St - C, N, H
12:15 PM **SARATOGA SPRINGS** The 12:15 – 1:15 Lunch Bunch AFG, St. Clement's Church, Lake Ave. - O, N
6:30 PM **SCOTIA** Our Redeemer Lutheran Church, Corner of Glen Ave. & South Reynolds St. - O, N, H
7:30 PM **COLONIE** Friday Night Alive AFG, Community Reformed Church of Colonie, Corner of Watervliet Shaker and Sand Creek Rds. - O, N
8:00 PM **JONESVILLE** United Methodist Church, 963 Main St, Clifton Park – O, N
8:00 PM **EAST GREENBUSH** Greenbush Reformed Church, Christian Education Bldg., Hayes Rd. & Rtes. 9 and 20 (upstairs) – O, N
8:00 PM **SCHENECTADY** Ellis Hospital, B-2 Conference Room, 2nd floor next to the B-wing elevators - B, O, H
8:00 PM **WEST SAND LAKE** Salem United Methodist Church, Shaver Rd., off Rte. 150 - N, O
8:30 PM **JOHNSTOWN** Reformed Church, North Perry St. - C, N

SATURDAY

10:00 AM **ALBANY** You Are Not Alone AFG, Bethany Reformed Church, Education Building, 760 New Scotland Ave. - A, O, S first Saturday of the month.
11:30 AM **ALBANY** Trinity United Methodist Church, Lark & Lancaster Sts., Lark St. entrance - A, B, N, O