

## District 8 - March 18, 2018 Minutes

- 1) Serenity Prayer
- 2) Read the Traditions
- 3) Introductions – Name and Group and/or Coordinator position

### Present for Meeting

District 8 Position or Group	Name	Email Address
District Representative	Kevin M	dr@al-anon-8ny.org
Alternate District Representative	Joan L	altdr@al-anon-8ny.org
Secretary	Danae K	
Public Information Coordinator	Deb W	info@al-anon-8ny.org
Website/Electronic Newsletter Coordinator	Tammy B	
Treasurer	Debora C	
Literature Depot Coordinator	Andrew F	ldc@al-anon-8ny.org
Schedule Coordinator	Maria S	
AA Liaison	Anne S	
Answering Service Coordinator	Toni A	
Alateen Coordinator	OPEN	alateen@al-anon-8ny.org
Archives Coordinator	OPEN	
Institutions Coordinator	OPEN	
**Open Positions – Please Consider this Service		
Teresa		
Joan		
Betty		
Toni		
William		
Don		

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Group Name	Address1	Address2	City	Day			AM/PM
2nd Saturday Speaker AFG	Bethany Reformed Church	760 New Scotland Ave	Albany	Saturday	07	00	PM
Bethlehem Steps For Strength Hope And Healing AFG	Delmar Reformed Church	386 Delaware Ave	Delmar	Thursday	07	00	PM
Cairo AFG	Resurrection Lutheran Church	186 Main St	Cairo	Wednesday	12	00	PM
Catskill Monday Night AFG	Catskill Wesleyan Church	3 Bogardus Ave	Catskill	Monday	07	00	PM
Cobleskill AFG	Schoharie County Community Action Program	795 E Main St	Cobleskill	Tuesday	12	00	PM
Courage To Change AFG	Christ Our Light Church	1 Maria Dr	Colonie	Monday	06	00	PM
Ellis Friday Night AFG	Ellis Hospital	1101 Nott St	Schenectady	Friday	08	00	PM
Experience Strength And Hope Adult Children AFG	First Congregational Church	405 Quail St	Albany	Wednesday	06	00	PM
Friday Night Alive AFG	Community Reformed Church	701 Sand Creek Rd	Colonie	Friday	07	30	PM
From Survival To Recovery AFG	Unity Church	21 King Ave	Albany	Sunday	06	00	PM
Greenville AFG Tuesday Night AFG	Greenville Episcopal Church	11228 State Route 32	Greenville	Tuesday	07	00	PM
Latham Thursday Night AFG	St Ambrose School	347 Old Loudon Rd	Latham	Thursday	07	30	PM
Maplecrest Meeting AFG	St Theresa's	5188 State Route 23	Windham	Wednesday	06	00	PM
Missing Link Groups AFG	Trinity United Methodist Church	235 Lark St	Albany	Saturday	11	30	AM
Monday Adult Child At Siena AFG	Siena College	515 Loudon Rd	Loudonville	Monday	07	30	PM
New Baltimore AFG	New Baltimore Reformed Church	52 Church St	New Baltimore	Thursday	07	00	PM
Next To New AFG	Va Hospital	113 Holland Ave	Albany	Tuesday	07	30	PM
Niskayuna AFG	Eastern Methodist Church	943 Palmer Ave	Schenectady	Monday	08	00	PM
Reflections On Our Legacies AFG	Christ Lutheran Church	1500 Western Ave	Albany	Tuesday	12	00	PM
Schenectady AFG	Club House	430 Cedar St	Schenectady	Monday	12	00	PM
Schoharie AFG	Schoharie Reformed Church	258 Main St	Schoharie	Thursday	07	30	PM
Small Steps AFG	McKownville United Methodist Church	1565 Western Ave	Albany	Thursday	12	00	PM
Sunday Night Parents AFG	Pine Grove Methodist Church	1580 Central Ave	Albany	Sunday	07	00	PM

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Thursday AFG	Trinity Reformed Church	705 Curry Rd	Rotterdam	Thursday	07	00	PM
Tuesday Noon Catskill AFG	First Baptist Church Of Catskill	20 W Main St	Catskill	Tuesday	12	00	PM
Tuesday Noontime AFG	St Mary's Church	10 Lodge St	Albany	Tuesday	12	00	PM
Voorheesville AFG	First United Methodist Church	68 Maple Ave	Voorheesville	Wednesday	07	30	PM
We Are Not Alone Adult Children AFG	Bethany Reformed Church	760 New Scotland Ave	Albany	Saturday	10	00	AM

### Group Representative present at meeting

- 4) Secretary Report – Brief summary of last meeting.
- 5) Treasurer Report – Treasurer is stepping back, we are rotating service end of this year, but if someone willing to step up now for Treasurer, it would be appreciated.

Presented to March 2018 meeting		
	Dec. 31, 2017	<u>\$696.51</u>
<b>INCOME:</b>		
Bethlehem Steps for Strength, Hope, and Healing		\$ 100.00
We are not alone Alanon Group		\$ 420.00
District & AFG		\$ 31.32
<b>TOTAL INCOME:</b>		<b>\$551.32</b>
<b>EXPENSES:</b>		
AnswerPhone (#355) Jan and Feb		\$62.64
<b>TOTAL EXPENSES:</b>		<b>\$62.64</b>
<b>Balance as of:</b>	<b>Feb. 28, 2018</b>	<b><u>\$1,185.19</u></b>

Upcoming expenses: AWSC and Assembly for DR and Alt Dr  
Oked Expenses for Secretary to buy supplies

- 6) LDC Report
- 7) GR Reports
  - a. Anything your group is doing like to share with District.
  - b. Any concerns at your meeting would like hear some other experience, strength, and hope on.

May 24<sup>th</sup> – Bethlehem Anniversary Meeting coming up  
Building Key – how does it work best? List to sign up week to week, 6 month service position, checking in with group on responsibility with key
- 8) Day of Sharing – Got info about Trinity Church in Watervliet. Have not contacted. Proposing to do in the Fall unless someone else can take the lead.
- 9) Thoughts on speaker to enable calling into District meetings – feedback from groups approved spending up to \$100 and they did not feel it would be used much.  
Decision passed to move forward. Will try at next district meeting.

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### 10) Website – Working with District 22. They will be taking Group Conscious on splitting costs

Currently have 5 alias email addresses. 250 MB total, using about 160 currently. Pay \$22 a year right now.

Will vote on this in April District meeting and asking for groups' feedback

Looked into 2 things. Bring back to groups for feedback:

- a. Buy extra domain, additional \$15/yr. Change domain name to something easier to remember than al-anon-8ny.org (like NYCcapitalAFG.org). Would create a subdomain that would point to current District Website. Would be \$30 a year total for two domain needs (current and new)
- b. Upgrading host service to get more storage space (5GB, currently 250 MB) and aliases emails (50, currently 5) to among the districts. \$89 for 3 years (\$29.67/yr), currently \$22/yr  
Will include free Standard Query Databases (SQD) and online training –  
Joan has been looking into these additional functionalities such as password protected areas

### 11) Taskforce update/report:

Outreach efforts (we want to work on gathering more of these opportunities)

- o Develop a standard literature package to take to events. Use of LDC funds?
- o Opportunity to start a new Al-Anon meeting at Addiction Care Center 12pm on Sunday's (target start date March)
- o New Choices in Schenectady has Family night – next is Thurs, March 29<sup>th</sup> 6:15-7:15pm. Contact Joan for more information [altdr@al-anon-8ny.org](mailto:altdr@al-anon-8ny.org) if you'd like to share what Alanon had done with you (approx. 20 minutes only)

New GR – Review New GR Pamphlet – currently two audiences: new GR and potential GR. Two separate pamphlet can be developed.

### 12) Coordinator Reports – if time. Let me know if you have something you like time to report.

Phone Answering Service – Toni-

We called Phone number in meeting and realized we need to update message options. Will contact Tammy and Jacqui.

In April meeting will discuss about district positions and Coordinator position

WSO will be sending copies of New Service Manual and small manual. They will be sending to the current Current Mailing Address (CMA) on file. Contact Kevin for more information on this for your group: [dr@al-anon-8ny.org](mailto:dr@al-anon-8ny.org)

Next Meeting:

## Sunday, April 15<sup>th</sup>

**Pine Grove United Methodist Church**  
1580 Central Ave, Albany, NY 12205  
3:00 PM – 4:30 PM

See you then!

Enter through Glass Doors on West Side of Church and head immediately left down the stairs into the Basement and through the door, unless the



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meeting room is specified elsewhere on the Meeting Agenda. ALL ARE WELCOME.

### District Meeting Guidelines

- Meeting last 90 min. Group Conscience will be taken to extend, if needed
  - Items not gotten to, will be on the next month's agenda
- All who come have a voice.
- Only GRs and District Coordinators have a vote. Only one vote per person.
- Discussions go around the table, one person speaking at a time. We go around until all feel voice has been expressed.
- Time limits may be imposed depending on attendance and business to be done.

For those that could not make the meeting there will be a Conference call on:

**Thursday, April 12th, 7:00 PM – 8:00PM**

Conference dial-in number: (712) 770-4340

Participant access code: 799474

### **Important Websites to share:**

District 8 Alanon

<http://www.al-anon-8ny.org/>

New York North (NYN) Area

<http://www.nynafg.com/>

World Service Office (New Website design – check it out!)

<https://al-anon.org/>

World Service International Convention

Baltimore, Maryland July 4<sup>th</sup> Weekend

<https://al-anon.org/al-anon-international-conventions/>