

June 17, 2018– Minutes

Pine Grove United Methodist Church
1580 Central Ave, Albany, NY 12205
3:00 PM – 4:30 PM



District Meeting Guidelines

- Meeting last 90 min. Group Conscience will be taken to extend, if needed
 - Items not gotten to, will be on the next month's agenda
- All who come have a voice.
- Only GRs and District Coordinators have a vote. Only one vote per person.
- Discussions go around the table, one person speaking at a time. We go around until all feel voice has been expressed.
- Time limits may be imposed depending on attendance and business to be done.

NEW – you can call into the district meeting!

Conference dial-in number: (712) 770-4340

Participant access code: 799474

- 1) Serenity Prayer
- 2) Read the Traditions
- 3) Introductions – Name and Group and/or Coordinator position
 - Kevin M – DR
 - Tammy B – Web Coordinator
 - Maria S – Schedule Coordinator
 - Liz W – GR – Reflections on Our Legacies AFG
 - William R – Acting GR – From Survival to Recovery
 - Angelina F – GR – Wednesday Night Voorheesville
 - Don B - Rep for Cobleskill and Schoharie

On Call

Christina – GR - Small Steps
Joan L – Alternate DR/ GR - Watervliet/Latham Thursday Night AFG
Danae – District Sectary/ GR - We Are Not Alone AFG
Toni – Answering Service Coordinator/ GR - Friday Night Alive AFG

- 4) Secretary Report – Brief summary of last meeting.
 - July 13th date need to renew
 - Kevin reached out to Saratoga District about nycapitaldistrict.alanan.org
- 5) Treasurer Report – Position is open and need someone to step out and work with Deborah to transition
- 6) LDC Report
 - Continue to use LDC email ldc@al-anon-8ny.org and request with [WSO Catalog](#) publication codes . Kevin sent email about time for standard package of pamphlets.
 - Reach out to Kevin if having trouble receiving replies from Andrew

June 17, 2018– Minutes

Andrew is also looking for someone to step up and transition early into Literature Coordinator position

7) GR Reports

- a. Anything your group is doing like to share with District.
- b. Any concerns at your meeting would like hear some other experience, strength, and hope on.

Betty – members are not willing to step up because they don't know what they don't know She asked "*How many people have gone to the State Fair?*"

And suggested that giving more information and speaking from a first person experience "Alanon only works because of service"

Kevin shared that new website can help with pushing more information

Toni shared her group now has a checking account at a bank!!!

Monday, June 18, [Courage to Change 14th Anniversary meeting](#), 6pm, Christ Our Light Church, One Maria Drive, Colonie; Food, Fellowship, Speakers

Thursday, June 21, [Small Steps AFG 28th Anniversary](#), 11:30am, McKownville United Methodist Church, 1565 Western Ave, Albany, Refreshments begin at 11:30am, Speaker at Noon

Friday, July 12 - Sunday, July 15, [Al-Anon 11th Step Weekend Retreat](#), arrive 5pm Friday depart noon Sunday, Pyramid Life Center, Schroon Lake, NY, Cost - \$125 – Register online

Check upcoming events page on our website!

<http://www.al-anon-8ny.org/upcomingevents.html>

8) August Picnic – Gary A is looking into costs and interested in organizing

Kevin will reach out and see if he has more info on costs. May need to do GC through email since there is not July District meeting.

9) Outreach opportunities

- a. NEW Capital District Recovery Center, - Open house 5:30 PM Mon June 18th 45 Colvin Ave, Albany NY– had asked to start an Alanon meeting here as space available. Great place to have literature available

- b. New Choices Recovery Center (outreach still pending)

- c. Outreach Taskforce updates

Maria, Joan and Toni – list is being worked on and will be formalized soon to post on the website

Kevin has banner – let her know

10) New GR Pamphlet update – See attached pamphlet in email – they are both ready to be printed out and sent out. Great comments about how great they are!

Maria – is working on updated meeting list. She checks against WSO for discrepancies and has found there are. Best to send update through WSO first. Kevin shared about using NYN coordinator in the process: Patti M. records@nynafg.com

Joan suggested creating a Task force - email

11) Website – Working with District 22

- a. nycapitaldistrict.alanon.org
- b. Link to WSO Find a meeting instead of keeping our own (future thinking)
- c. Link to AA, Nar-Anon, ACA, etc.

12) Rotating District 8 service positions – Elect the new positions at September meeting, with new service begin in Jan 2019. If interested in any of the positions below, please attend

June 17, 2018– Minutes

the August District meeting, so people have a chance to meet you and ask any questions. Descriptions are attached. (Not all positions are being rotate as some positions were filled at different times throughout the year). **Share with your group!**

Check out our District 8 webpage with Service Position Descriptions:

<http://www.al-anon-8ny.org/d8news.html>

- a. District Representative
- b. Secretary
- c. Public Information Coordinator
- d. Website
- e. Electronic Newsletter Coordinator
- f. Treasurer
- g. Literature Distribution Center (Literature Coordinator)
- h. Alateen Coordinator
- i. Archives Coordinator
- j. Institutions Coordinator

13)Coordinator Reports – if time. Let me know if you have something you like time to report.

14)Next meeting: Sunday, August 19th. **No meeting in July**

For those that could not make the meeting there will be a Conference call on:

Thursday, June 14th, 7:00 PM – 8:00PM

Conference dial-in number: (712) 770-4340

Participant access code: 799474