

**02-18-18 AFG Al-Anon District 8 Meeting Minutes**  
**Pine Grove United Methodist Church, 1580 Central Ave., Albany, NY 12205**  
**There are currently 29 Active Al-Anon Meetings in District 8**

**District 8 Elected Servants – Meeting Attendance**

Name	Email Address	District 8 Service Position	Feb. 2018
Kevin M.	Dr@al-anon-8ny.org	District Rep	Present
Joan L.	Altdr@al-anon-8ny.org	Alternate District Rep	Present
Danae K.		District Secretary	
Debora C.		District Treasurer	
Anne S.		AA Liaison	Present
Andrew F.	Ldc@al-anon-8ny.org	Literature Depot Coordinator	Present
Deb W.	info@al-anon-8ny.org	Public Information Coordinator	
Tammy B.		Website/Electronic Newsletter Coord.	
Maria S.		Alt.Dist.Secretary; Schedules Coordinator	Present
Toni A.		Answering Service Coordinator	Present
Maria B.		Group Rep Sunday Night Parents AFG/Albany, Sunday 7 pm	Present
Betty H.		Group Rep Courage to Change/ Albany, Monday 6 pm	Present
Lois C.		Group Rep Niskayuna AFG, Niskayuna, Monday 8 pm	Present

	Meeting Title	Meeting City	Meeting Day/Time
1.	From Survival to Recovery	Albany	Sunday, 6 pm
2.	Schenectady AFG	Schenectady	Monday, Noon
3.	Catskill Monday Night AFG	Catskill	Monday, 7 pm
4.	Monday Adult Child at Siena AFG	Loudonville	Monday, 7:30 pm
5.	Tuesday Noon Catskill	Catskill	Tuesday, Noon
6.	Cobleskill AFG	Cobleskill	Tuesday, Noon
7.	Tuesday Noontime AFG	Albany	Tuesday, 12:05 pm
8.	Greenville Tuesday Night AFG	Greenville	Tuesday, 7 pm
9.	Next to New AFG	Albany	Tuesday, 7:30 pm
10.	Cairo AFG	Cairo	Wednesday, Noon
11.	Experience, Strength and Hope Adult Child AFG	Albany	Wednesday, 6 pm
12.	Maplecrest Meeting AFG	Windham	Wednesday, 6 pm
13.	Voorheesville AFG	Voorheesville	Wednesday, 7:30 pm
14.	Small Steps AFG	Albany	Thursday, Noon
15.	Rotterdam Thursday Serenity Seekers AFG	Rotterdam	Thursday, 7 pm
16.	Bethlehem Steps for Strength, Hope & Healing AFG	Delmar	Thursday, 7 pm
17.	New Baltimore AFG	New Baltimore	Thursday, 7 pm
18.	Schoharie AFG	Schoharie	Thursday, 7:30 pm
19.	Ellis Friday Night AFG	Schenectady	Friday, 8:00 pm
20.	Missing Links Group AFG	Albany	Saturday, 11:30 am

	<b>OPEN DISTRICT 8 SERVICE POSITIONS</b> Please consider serving!
1	<b>Alateen Coordinator - OPEN</b>
2	<b>Archives Coordinator - OPEN</b>
3	<b>Institutions - OPEN</b>

Kevin M. opened the meeting at 3:00 pm with the Serenity Prayer, the Traditions were read, and everyone introduced themselves.

### **Treasurer's Report**

Debora C. will email to Kevin and Danae her two-month report at the next meeting, but she told Kevin the current balance is \$1085.00. The District's prudent reserve is \$700. Upcoming larger expenses are to send Kevin M. and Joan L, as DR and Alternate DR, to AWSC and the Spring Assembly.

GRs were requested to ask their groups whether they thought it would be a good use of District 8 funds to spend a total of approximately \$100 to purchase a special speaker to use to set up a phone conference call for each District meeting. This would allow anyone to call in and participate.

### **Literature Depot Coordinator (LDC) Report**

- Andrew said he was buried the past two months and was not always able to respond promptly to literature requests. Also, he can now do literature deliveries only on weekends.
- The DR email address now also automatically receives any emails sent to the LDC email address, but Kevin said he will not monitor whether the requests were filled by Andrew.
- The LDC budget is currently \$1258, but Andrew estimated he needs to spend \$800-\$900 soon to refill his supplies. How Al-Anon Works and the Path to Recovery Workbook are both popular. The new Newcomer packets are \$1.40 each. He will need to order the "2018 Faces of Al-Anon" booklet, too.
- Andrew reminded the groups that he has quite a bit of Alateen information available.
- GRs need to ask their groups if they will be purchasing the new 2018-2021 Al-Anon Service Manual. Kevin reminded everyone that WSO no longer sends this Manual free of charge to the Group Reps.
- To order Literature so that he can fill the order quickly, Andrew has requested that groups download the order form with the stock numbers and use that., or at least include the stock numbers with their orders. He requests that groups use the LDC@al-anon-8ny.org email address. The Al-Anon Literature order form with the stock numbers can be found here:  
<https://al-anon.org/wp-content/uploads/S16.pdf>
- Kevin said the NYN Hotmail address for literature needs to be deleted, but if anyone sends an email there, it should forward to the LDC email address.

### **Schedules Coordinator Report – Maria S.**

- There are currently 2800 single-sided black and white copies (or 1400 schedules) remaining in the District 8 account.
- The new schedules will be printed and distributed in April or May.
- A new Women's Step meeting called "A Power Greater Than Ourselves" is starting March 6, from 7-8 pm, at Pine Grove Methodist Church, 1580 Central Ave., Albany, NY 12205
- A new meeting is starting sometime in March at the Addictions Care Center in Albany, 90 McCarty Ave., Building One, Albany, NY 12202, at noon on Sundays. <http://theacca.net/contact/>

### **Second Saturday Speaker Meetings – Kevin**

- GRs are asked to announce that the Second Saturday Speaker meeting is **MOVING, starting with the May 12 meeting**. The new location will be the Gathering Space at the Calvary United Methodist Church, 15 Ridge Place, Latham, NY 12110:

<http://www.calvaryumclatham.org/>

- This is an open meeting - everyone is welcome. In addition to telling your story, other service opportunities at this meeting include set-up, clean-up and bringing food and/or beverage offerings. Contact Kevin M at [DR@al-anon-8ny.org](mailto:DR@al-anon-8ny.org) to get more info on service opportunities at this meeting.

### **New York North Spring Assembly**

- Lake Placid, May 4-6, 2018 - <http://www.nynafg.com/pdf/2018/sp18-reg.pdf>
- Location: High Peaks Resort, 2384 Saranac Ave., Lake Placid, NY 12946 - [www.highpeaksresort.com](http://www.highpeaksresort.com)

### **New Website Task Force – Joan L.**

- The next meeting of this task force is March 10<sup>th</sup> at 10 a.m.
- This task force is to figure out ways to communicate better to younger folks and to improve/simplify the District 8 website: [www.al-anon-8ny.org](http://www.al-anon-8ny.org).
- There are two main functions for the website: (1) where do I go if I want to find a meeting, and (2) where can members and GRs obtain information
- Consider these questions: WHERE do I access this, WHAT KIND of HELP do I need, what can we change, how much storage space can we afford, how will it look on a computer vs. looking at it on the phone?
- Kevin said no personal info can be housed on the website.
- Contact Joan L. at [Altdr@al-anon-8ny.org](mailto:Altdr@al-anon-8ny.org) to get more info on service opportunities with this task force.

### **Outreach Task Force – Joan L.**

- Joan provided a written report and went over the organizations that have been contacted thus far. Some goals of this task force are to gather information, determine standing opportunities, work with rehabs.
- Joan will send Andrew a list of requested pamphlets that she will need for any outreach that is done.
- Anne mentioned that 4x/year the Monday Night Courage to Change meeting runs an Al-Anon meeting at the Albany County Jail.
- Contact Joan L. at [Altdr@al-anon-8ny.org](mailto:Altdr@al-anon-8ny.org) to get more info on service opportunities with this task force.

### **New GR Task Force – Maria S.**

- GRs are asked to talk to their groups about the proposed pamphlet and provide feedback to Joan L. at [Joan\\_Liberty@hotmail.org](mailto:Joan_Liberty@hotmail.org) before the next District meeting on 3/18.
- It is hoped that the New GR pamphlet will be mailed out with the next set of printed schedules, along with a District 8 welcome letter.
- Contact Joan L. at [Altdr@al-anon-8ny.org](mailto:Altdr@al-anon-8ny.org) to get more info on service opportunities with this task force.

### **Group Rep Reports**

Toni A., as a follow-up to last month's concern, asked for suggestions on how/where to open a checking account for the group.

- Kevin said he thought the correct terminology to use is “club account”, when speaking to a bank or checking account. He suggested asking what types of fees are applied to these accounts. He also said that some financial institutions require seeing business meeting minutes that show there is a treasurer for the group.
- Berkshire Bank and SEFCU were suggested.

### **Day of Sharing 2018**

- Last year's Day of Sharing was held on 3/4/17, from 12-4, in Delmar
- Joan said the Trinity Church in Watervliet would not charge any specific amount for its use, but asked for a contribution. April dates are open, but probably only one workshop could be held.

- Kevin said the Delmar church used last year increased its price to \$175. The VFW also would charge \$175 and may have expectations that alcohol would be purchased. The Voorheesville church is more expensive than these sites.
- Maria said the Calvary UMC in Latham would charge \$50 for its Gathering Space, but there was no availability in March or April

#### **Upcoming District 8 Coordinator Transitions**

- Kevin said the District 8 Coordinators will change in conjunction with the New York North and World Service Office changes that occur every three years (unless a particular coordinator has served less than the three years and would like to continue in their current position)
- Kevin will send around all the Coordinator descriptions
- Anne S. asked for feedback on her position as AA Liaison, including whether she should continue emailing around the AA events information that she selects from the monthly AA newsletter. Kevin said it was beneficial to him.
  - Staffing the Alkathon with Al-Anon speakers is difficult—perhaps next year we will try to hold 1 Evening, 1 Morning and 1 Noon meeting, as long as speakers have signed up ahead of time.
  - Kevin said he saw the AA Liaison position to be a contact point for information needed from/to AA and also to assist with getting speakers for local AA and Al-Anon conventions.

#### **Other Items**

- Maria S. shared a sample Anniversary Meeting flyer and sample Anniversary Meeting Service Opportunity sign-up sheet.
- It was suggested that these documents be put up on the District 8 website so that GRs could access them if they wanted to.

**Next District Meeting - Sunday, March 18, 3 pm, Pine Grove Methodist Church, 1580 Central Ave., Albany – Enter through Glass Doors on West Side of Church and head immediately left down the stairs into the Basement and through the door, unless the meeting room is specified elsewhere on the Meeting Agenda. ALL ARE WELCOME.**

*Respectfully Submitted, In Service  
Maria S., Scribe*