

April 15, 2018– Minutes

Pine Grove United Methodist Church
1580 Central Ave, Albany, NY 12205
3:00 PM – 4:30 PM



District Meeting Guidelines

- Meeting last 90 min. Group Conscience will be taken to extend, if needed
 - Items not gotten to, will be on the next month's agenda
- All who come have a voice.
- Only GRs and District Coordinators have a vote. Only one vote per person.
- Discussions go around the table, one person speaking at a time. We go around until all feel voice has been expressed.
- Time limits may be imposed depending on attendance and business to be done.

NEW – you can call into the district meeting!

Conference dial-in number: (712) 770-4340

Participant access code: 799474

We had 4 members call in for this meeting! Thank you to Kevin & Joan!

- 1) Serenity Prayer
- 2) Read the Traditions
- 3) Introductions – Name and Group and/or Coordinator position

In Attendance

District 8 Position or Group	Name	Email Address
District Representative	Kevin M	dr@al-anon-8ny.org
Alternate District Representative	Joan L	altdr@al-anon-8ny.org
Secretary	Danae K	
Public Information Coordinator	Deb W	
Website/Electronic Newsletter Coordinator	Tammy B	
Treasurer	Debora C	
Literature Depot Coordinator	Andrew F	
Schedule Coordinator/ Alt Secretary	Maria S	
AA Liaison	Anne S	
Answering Service Coordinator	Toni A	
Alateen Coordinator	OPEN	alateen@al-anon-8ny.org
Archives Coordinator	OPEN	
Institutions Coordinator	OPEN	
**Open Positions – Please Consider this Service		
	Lois	
	Betty	
	William	
	Teresa	

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Group Name	Address1	Address2	City	Day			AM/PM
2nd Saturday Speaker AFG	Bethany Reformed Church	760 New Scotland Ave	Albany	Saturday	07	00	PM
Bethlehem Steps For Strength Hope And Healing AFG	Delmar Reformed Church	386 Delaware Ave	Delmar	Thursday	07	00	PM
Cairo AFG	Resurrection Lutheran Church	186 Main St	Cairo	Wednesday	12	00	PM
Catskill Monday Night AFG	Catskill Wesleyan Church	3 Bogardus Ave	Catskill	Monday	07	00	PM
Cobleskill AFG	Schoharie County Community Action Program	795 E Main St	Cobleskill	Tuesday	12	00	PM
Courage To Change AFG	Christ Our Light Church	1 Maria Dr	Colonie	Monday	06	00	PM
Ellis Friday Night AFG	Ellis Hospital	1101 Nott St	Schenectady	Friday	08	00	PM
Experience Strength And Hope Adult Children AFG	First Congregational Church	405 Quail St	Albany	Wednesday	06	00	PM
Friday Night Alive AFG	Community Reformed Church	701 Sand Creek Rd	Colonie	Friday	07	30	PM
From Survival To Recovery AFG	Unity Church	21 King Ave	Albany	Sunday	06	00	PM
Greenville AFG Tuesday Night AFG	Greenville Episcopal Church	11228 State Route 32	Greenville	Tuesday	07	00	PM
Latham Thursday Night AFG	St Ambrose School	347 Old Loudon Rd	Latham	Thursday	07	30	PM
Maplecrest Meeting AFG	St Theresa's	5188 State Route 23	Windham	Wednesday	06	00	PM
Missing Link Groups AFG	Trinity United Methodist Church	235 Lark St	Albany	Saturday	11	30	AM
Monday Adult Child At Siena AFG	Siena College	515 Loudon Rd	Loudonville	Monday	07	30	PM
New Baltimore AFG	New Baltimore Reformed Church	52 Church St	New Baltimore	Thursday	07	00	PM
Next To New AFG	Va Hospital	113 Holland Ave	Albany	Tuesday	07	30	PM
Niskayuna AFG	Eastern Methodist Church	943 Palmer Ave	Schenectady	Monday	08	00	PM
Reflections On Our Legacies AFG	Christ Lutheran Church	1500 Western Ave	Albany	Tuesday	12	00	PM
Schenectady AFG	Club House	430 Cedar St	Schenectady	Monday	12	00	PM
Schoharie AFG	Schoharie Reformed Church	258 Main St	Schoharie	Thursday	07	30	PM
Small Steps AFG	McKownville United Methodist Church	1565 Western Ave	Albany	Thursday	12	00	PM
Sunday Night Parents AFG	Pine Grove Methodist Church	1580 Central Ave	Albany	Sunday	07	00	PM
Thursday AFG	Trinity Reformed Church	705 Curry Rd	Rotterdam	Thursday	07	00	PM
Tuesday Noon Catskill AFG	First Baptist Church Of Catskill	20 W Main St	Catskill	Tuesday	12	00	PM
Tuesday Noontime	St Mary's Church	10 Lodge St	Albany	Tuesday	12	00	PM

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AFG							
Voorheesville AFG	First United Methodist Church	68 Maple Ave	Voorheesville	Wednesday	07	30	PM
We Are Not Alone Adult Children AFG	Bethany Reformed Church	760 New Scotland Ave	Albany	Saturday	10	00	AM
New to Serenity AFG	Addiction Care Center, Education Bldg	Albany, NY	Albany	Sunday	12	00	pm
A Power Greater than Ourselves Women's Meeting	Pine Grove Methodist Church	1580 Central Ave	Albany	Tuesday	7	00	

4) Secretary Report – Brief summary of last meeting.

WSO is only sending “Groups at Work.” Latest one is on website.

Record meeting? Keep the recording off for today’s meeting. Possibility in the future.

You would call in with the code and be able to listen to this

5) Treasurer Report - \$250 donations that came in. Checking on rent for the space.

6) LDC Report - \$1735 balance. \$1200 expecting to spend. Need to replenish. Hard to keep track as orders come in through personal email, phone and text. Challenging when just given the name instead of order form number. Universal use of the order form would be helpful.

Going forward to place a literature order send an email to: ldc@al-anon-8ny.org include both NAME and CATLOG number example: **In All our Affairs - (B-15)**

[World Service Order Literature](#)

LDC gets 10% discount which offsets shipping costs, reduces cost for groups and creates a small profit which keeps it self-funding

7) GR Reports

- a. Anything your group is doing like to share with District.
- b. Any concerns at your meeting would like hear some other experience, strength, and hope on.

Sharing District meeting minutes
Voting in Group Business meeting

May 24th – 3rd Anniversary 6-8pm Bennett’s Parlor Room at Delmar Reformed Church
2nd Saturday Speaker meeting moving to Calvary United Methodist Church (park in upper parking lot. Another event is also happening)

8) Website – Working with District 22. They will be taking GC on splitting costs

- a. Buy extra domain, additional \$15/yr. Something easier to remember then al-anon-8ny.org (like NYCcapitalAFG.org)
- b. Upgrade host service to get more storage space (5GB, currently 250 MB) and aliases emails (50, currently 5) to among the districts. \$89 for 3 years (\$29.67/yr), currently \$22/yr

Updates: Public face for all. Saratoga District 22 still discussing.

Email will be sent – respond with to Kevin new web domain name suggestions before May District meeting: Keep it Short and Easy to Remember! Will include all of Capital District area

New

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c. Link to WSO Find a meeting instead of keeping our own – check it out for yourself:
<http://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>

Give feedback on if you like it and want to use it

Maria shared that our current form is cumbersome to use

WSO prefers GRs to update their meeting info online (waiting to see if DR receives notification)

d. Link to Nar-Anon – Kevin went to New Choices and volunteered. He met a woman from Nar-Anon. They have meetings every day of the week.

No link to AA on website currently under “Helpful Links”

Should we put a link on our website? <http://www.nar-anon.org/>

What do your group members think?

9) Standard Literature package to outreach events. See spreadsheet that was sent out.

Want to create a list of pamphlets volunteer can grab when going to an event. LDC person would put packet together to take. About \$111 worth of pamphlets and materials. Would return any unused items. Events would be coordinated through the District.

Andrew said that he can put together about 4 packets and keep on the shelf. LDC should be able to just absorb the cost

Addiction Memorial Run (Kevin sent out flyer) -, May 12th 8-12pm – we can have a table there

Joan provided update on new Sunday night meeting. Still need people to show up. Still new and needs support

New Women’s meeting – keep announcing to your group

10) Outreach opportunities

a. 3rd Annual Summer Smith 5k Addiction Awareness Memorial Run. Need volunteers to oversee table.

b. New Choices Recovery Center – need speakers for 1x month – contact Joan altdr@al-anon-8ny.org

Share about “How has Al-anon helped you?”

c. Outreach Taskforce updates

11) New GR Pamphlets update- “Thinking about becoming a GR” just overview FAQ other pamphlet will be more detailed with resources “Welcome New GR”

Kevin will send out drafts through email

12) Guidelines for dealing with Coordinators not participating – District has “Trusted Servants in need of Support” Guidelines.

13) Coordinator Reports

Next District Meeting: Sunday, May 20th

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Important Websites to share

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District 8 Alanon

<http://www.al-anon-8ny.org/>

New York North (NYN) Area

<http://www.nynafg.com/>

World Service Office (New Website design – check it out!)

<https://al-anon.org/>

World Service International Convention

Baltimore, Maryland July 4th Weekend

<https://al-anon.org/al-anon-international-conventions/>



Information!!



- 1. New to Serenity AFG**
Sundays at Noon
Beginner Meeting; Closed Meeting
Addiction Care Center
90 McCarty Ave. Education Building, Albany

- 2. A Power Greater Than Ourselves**
Tuesday evenings, 7 pm
Women's Meeting; Step Meeting; Open
Pine Grove Methodist Church
1580 Central Ave., Albany



The “AFG Second Saturday Speaker Meeting”
is Moooooooooving to Latham!

When: As of Saturday, May 12, 2018
(every 2nd Saturday of the month)

Time: 6 p.m.

Where: Calvary United Methodist Church
15 Ridge Place, Latham, NY 12110
Park in UPPER Lot

<http://www.calvaryumclatham.org/>

Mtg Type: 1 AA Speaker, 1 Al-Anon Speaker
Light Refreshments

(Note: Formerly held at Bethany Reformed Church in Albany)