

10-15-17 AFG Al-Anon District 8 Meeting Minutes
Pine Grove United Methodist Church, 1580 Central Ave., Albany, NY 12205

AFG District 8 Trusted Servants – Meeting Attendance

Name	Email Address	District 8 Service Position
Maria S.		Alt.Dist.Secretary; Schedules Coordinator
Toni A.		Answering Service Coordinator

AFG District 8 Trusted Servants – Unable to Attend

Name	Email Address	District 8 Service Position
Kevin M.	Dr@al-anon-8ny.org	District Rep
Danae K.		District Secretary
Debora C.		District Treasurer
Anne S.		AA Liaison
Andrew F.	Ldc@al-anon-8ny.org; Nynldcdist8@hotmail.com	Literature Depot Coordinator
Deb W.	info@al-anon-8ny.org;;	Public Information Coordinator
Tammy B.		Website/Electronic Newsletter Coord.

District 8 Service Positions OPEN – Duties can be found on www.al-anon-8ny.org (Is this service position calling u?)

1	Alateen Coordinator - OPEN
2	Archives Coordinator - OPEN
3	Alternate DR – OPEN; note: Joan L expressed interest at this meeting
4	Institutions - OPEN

AFG District 8 Meeting Group Representatives – Meeting Attendance

Name	Meeting Title/City	Meeting Day/Time	Present
Cori L.	From Survival to Recovery/Albany	Sunday/6 pm	Maureen T
Maria B.	Sunday Night Parents AFG/Albany	Sunday/7 pm	
No GR	Schenectady AFG/ Schenectady	Monday/Noon	
Betty H.	Courage to Change/ Albany	Monday/6 pm	Present
Catherine T.	Catskill Monday Night AFG/ Catskill	Monday/7 pm	
David C.	Monday Adult Child at Siena AFG/ Loudonville	Monday/7:30 pm	
Jeff S.	Niskayuna AFG/ Niskayuna	Monday/8 pm	
Denise B.	Tuesday Noon Catskill/ AFG	Tuesday Noon	
Laura P.	Cobleskill AFG/Cobleskill	Tuesday Noon	Don B
Liz W.	Reflections on Our Legacies/Albany	Tuesday Noon	Present
No GR	Tuesday Noontime AFG/ Albany	Tuesday/12:05 pm	
No GR	Greenville Tuesday Night AFG/ Greenville	Tuesday/7 pm	
No GR	Next to New AFG/Albany	Tuesday/7:30 pm	
No GR	Cairo AFG/ Cairo	Wed./Noon	
Amanda T.	Experience, Strength and Hope Adult Child AFG/ Albany	Wednesday/6 pm	
Deborah P.	Maplecrest Meeting AFG/ Windham	Wednesday/6 pm	
Lori R.	Voorheesville AFG/ Voorheesville	Wednesday/7:30 pm	
Christina M.	GR/Small Steps AFG/Albany	Thursday Noon	
Shannon C.	GR/Rotterdam Thursday Serenity Seekers AFG/ Rotterdam	Thursday/7 pm	
Teresa K.	Bethlehem Steps for Strength, Hope & Healing AFG/ Delmar	Thursday/7 pm	Present
Mari M.	New Baltimore AFG/New Baltimore	Thursday/ 7 pm	
Cynthia P.	GR/Schoharie AFG/Schoharie	Thursday/7:30 pm	Don B
Joan L	GR/Latham Thursday Night AFG/Latham	Thursday/7:30 pm	Present

Toni A.	GR/Friday Night Alive/Colonie	Friday/7:30 pm	Present
Dick V.	Ellis Friday Night AFG/ Schenectady	Friday/8 pm	
Danae K.	We Are Not Alone Adult Children/Albany	Saturday /10 am	
Peggy M.	Missing Links Group AFG/Albany	Saturday/11:30 am	
No GR	Second Saturday Speaker AFG/ Albany	2 nd Sat./Mo./7:00 pm	

Joan L. opened the meeting at 3:00 pm with the Serenity Prayer, the Traditions were read, and everyone introduced themselves. Joan L. went over the District 8 Positions that were open (see center of Page 1). Joan L stated she was interested in the Alternate District Representative position.

Treasurer's Report

Joan L. reported that Treasurer Debora C, who is looking to transition out of the position due to demands from her full-time job, will provide a two-month report at the November meeting and that there was no significant change.

Literature Depot Coordinator (LDC) Report – No Report

Schedules Coordinator Report – Maria S.

- Maria reported that she will be contacting all the Group Reps in November for their Schedule updates.

Second Saturday Speaker Meetings – Joan L.

- The next Saturday Speaker meeting is **Saturday, Nov. 11, 7-8:30pm**, Bethany Reformed Church, Fellowship Hall Downstairs, 760 New Scotland Ave., Albany. This is an open meeting - everyone is welcome!

New York North September 2017 Syracuse Assembly

- Group Reps who attended the Assembly reported again how inefficient it was to read out loud each page of the multi-page spring 2017 Meeting Minutes.

New Website

- Joan L. asked how we could better communicate to younger folks and improve our website: www.al-anon-8ny.org
 - . Some suggestions were:
 - Include the “QR” code on our schedules
 - Reprint the business cards that Tammy B printed a couple of years ago that include the “QR” code; send them out next year to all Group Reps, with the new schedules
 - Include YouTube videos
 - Include Group Rep training information on the website (Maria S. and Joan L. formed a subcommittee and will be working on this.)
- Consider these questions: WHERE do I access this and WHAT KIND of HELP do I need?

Group Rep Reports

- Joan L. said the Thursday night Latham group is looking for a new location before the end of the year. St. Ambrose will no longer be able to accommodate the Al-Anon and AA meeting there on Thursday nights.

Day of Sharing 2018

- Last year’s Day of Sharing was held on 3/4/17, from 12-4, in Delmar
- A suggestion was made that perhaps an AFG Group, rather than a single individual, could coordinate it
- A suggestion was made that perhaps one member from each of the 27 groups could form a committee and coordinate it.

Other Items

- It was suggested that, when flyers and announcements are passed around, people can take photos of them with their cell phones so that they will have the information to refer to after they leave the meeting.
- Maria S. said that the 9/20 morning event in Schenectady, “The Power of Peers” 7th annual recovery breakfast, had about 75 attendees and her table had a lot of activity. Attendees were glad to get the website addresses and free pamphlets. One woman did say she had never heard of Al-Anon.
- Teresa K brought the flyer for the Youth AA “Keys to Serenity” conference being held 11/9-12 at the Radisson Hotel on Wolf Road in Albany. Al-Anon participation has been requested, and Al-Anon is being given its own room. After much discussion, Teresa came up with a request for service for (1) to be on a panel Friday night, Saturday morning or Saturday afternoon or (2) conduct an hour meeting at the Conference. This request will be sent out to all Group Reps for circulation.

Next District Meeting - Sunday, November 19, 3 pm, Pine Grove Methodist Church, 1580 Central Ave., Albany – Enter through Glass Doors on West Side of Church and head immediately left down the stairs into the Basement and through the door, unless the meeting room is specified elsewhere on the Meeting Agenda.

Respectfully Submitted, Maria S., Scribe